



For Listening

As well as these radio programmes and podcasts some of the books below are also available as audiobooks



BMJ talk medicine podcast – emergency care plans at the end of life

[Emergency care plans at the end of life by BMJ talk medicine \(soundcloud.com\)](https://www.soundcloud.com/bmj-talk-medicine/emergency-care-plans-at-the-end-of-life)

This is an episode that covers DNACPR decisions, discussions and emergency care plans at the end of life. The contributors are Kate Masters, daughter of Janet Tracey, offering her personal perspective of what it is like to be a relative, Zoe Fritz, Consultant Acute Physician and Wellcome Fellow, who has undertaken research on DNACPR decisions and David Pitcher former president of the Resuscitation Council.

Above is a soundcloud link but it can be accessed from other podcast providers

Griefcast with Cariad Lloyd

Cariad had early experience of grief being 15 years old when her dad died. Around 5 years ago she started having conversations about the human experience of death and grief, initially with fellow comedians and despite the topic there are very funny moments in some of these episodes.

Now she's broadcast over 140 episodes and has branched out to talk to lots of other interesting people about their experiences.

Available from wherever you usually get your podcasts



You, Me and the Big C

A podcast taking a candid look at a whole range of experiences around having cancer, including many things that are easy to overlook as a medical professional.

Presented by Deborah James who was diagnosed with stage 4 bowel cancer at age 35 and Lauren Mahon who was treated for breast cancer age 31. Their 3rd co-host Rachel Bland, a BBC radio 5 live presenter, who died from breast cancer; her widow Steve also joins the podcast.

Available from BBCsounds App and other podcast providers



2014 Reith Lectures by Atul Gawande, an American surgeon, writer and public health researcher.

There are 4 of these:

- Why Do Doctors Fail?
- The Century of the System
- The Problem of Hubris
- The Idea of Wellbeing

Although not all of these are palliative care focussed, they have are of broad interest to doctors in all specialities.



Available from BBCsounds App, BBC radio website and other podcast providers

Inside the Ethics Committee



Available from BBCsounds App and BBC radio website only

A BBC programme running from 2007-2016 discusses challenging real life medical cases with experts from a range of fields.

A lot of concepts and topics are covered within the cases, some relating to advanced illness and dying, but all relevant to the complexities that arise in medicine. Those of you who are interested in medical ethics may well find these worth a listen.