

Treatment Escalation Plan (TEP) Forms

What is a TEP form?

There are many different types of treatments available within healthcare today. Some of these treatments may be suitable and helpful for you whilst others may not. You may decide that there are particular treatments you do not wish to receive. Decisions about your treatments and future care are usually made in discussions with you, your family (if you wish) and the staff looking after you.

A TEP form is a way of your doctor recording your individual treatment plan, focusing on which treatments may or may not be most helpful for you. A variety of treatments can be considered, such as antibiotics, artificial

feeding or ventilation of your lungs. The option of whether it would be helpful or not to admit you to hospital for further treatments may also be included in your plan. You may have already had thoughts and discussions about your own wishes for your future care. We call this process of "thinking ahead" Advance Care Planning.



In addition, the TEP form also looks at the important issue of cardiopulmonary resuscitation, also known as CPR.

CPR is a medical treatment that can be used to try to restart the heart and lungs if they suddenly stop working. While resuscitation can be successful for some people, for others it is very unlikely to work. The process of CPR can be very traumatic and it is not a suitable treatment for everybody. The TEP form can be used to document the resuscitation decision that is right for your individual circumstances.

Do I need to have a TEP form?

The medical team looking after you (your hospital or hospice doctors, or your GP) will decide if using a TEP form would be helpful in planning your care. You may have already shared your wishes about your care with your doctor or nurse and so the form may be a useful way of recording this. There will be situations in which it is not helpful or suitable to use a TEP form.

Who completes the TEP form?

It is the responsibility of a senior doctor involved in your care to complete and sign the TEP form, if this is appropriate for you. This could be your hospice doctor, hospital consultant or GP. Neither you nor your family needs to sign the form.

The doctor will use information you give about your wishes to complete the form. If you do not want to be involved in such discussions or you are too unwell the doctor will make decisions about your treatments, giving careful consideration to act in your best interests.

Individual circumstances can change with time and this may affect your wishes about your care. Decisions made and recorded on the TEP form can be reviewed at any time with changes made if, and when, appropriate.

For more information please

Call: 01803 210800 Or visit: www.rowcrofthospice.org.uk

Where is the TEP form kept?

The TEP form needs to be kept near you, and travel with you when you move to different care settings. All healthcare settings in Devon (hospitals, hospices, care homes and GPs) can use completed TEP forms to help plan your care. The form needs to be taken with you if you get moved from one place to another, for example, from home to hospital, or from hospice to home. Having the TEP form with you allows the plan for your care to be shared with other healthcare professionals looking after you, wherever you are.

What if I have more questions?

If you have any further questions or concerns, or would like further information about TEP forms, please ask one of the health care team members involved in your care. We will always be very happy to answer your question.





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If you require this information
in an alternative format
please call 01803 210844

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