

September

An introduction to loss and bereavement

Tuesday 12

Consider different perspectives on bereavement and grief to explore and increase understanding and confidence in supporting someone facing loss.



1.5hr

T34 ambulatory syringe pump training

Thursday 14

This course supports registered nurses working in nursing homes to confidently set up and manage pumps, and understand commonly used medication that assists symptom management in palliative care.



3hr

Compassion under pressure

Tuesday 19

Recognise the benefits and challenges of providing compassionate healthcare and self care. Recognise what stress and work-related burnout can look like and how it can be minimised. Consider what makes you 'flourish'.

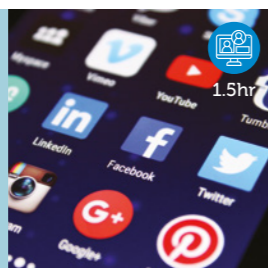


1.5hr

Digital afterlife – Helping others prepare their digital legacy

Thursday 28

Understand what happens to your digital assets e.g. Facebook/Instagram accounts pre and post death. Help patients understand their choices and decisions around all password-protected digital accounts.



1.5hr

October

Supporting someone with advanced Parkinson's disease at end of life

Wednesday 4

Assess progressive disease and its impact upon patients and their families. Understand management at end of life and how to access specialist support.

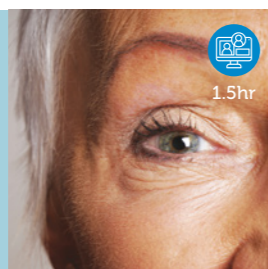


2.5hr

TEPs and the gift of sight

Wednesday 11

Develop an understanding of your responsibilities around TEP forms. Learn what corneal donation entails and feel more confident about talking with patients and families about corneal donation and TEPs.



1.5hr

The five priorities for care of the dying person – An introduction to the five priorities for care

Thursday 12

Increase your awareness about the national priorities for care for end of life and help embed them to your memory, applying them to your practice enabling a 'good' or better death.



1hr

The five priorities for care of the dying person – Recognising dying

Wednesday 18

Recognising dying is the key to enabling a better death. Explore current knowledge and understanding about recognising dying in the months, weeks and days before death occurs.



1.5hr

Understanding 'just in case medication' at end of life

Thursday 19

Explore anticipatory prescribing and symptom assessment. This workshop is specific to the local JIC bag medications and administration management.



1.5hr

Spiritual care at end of life

Wednesday 25

Explore how to assess and support someone's spiritual and religious needs when they are facing life-threatening illness.



1.5hr

The five priorities for care of the dying person – Communicating sensitively

Tuesday 31

Improve confidence to engage in conversations in preparation of impending deterioration and death and understand the principles of clear and sensitive communication using models to assist.



1.5hr

November

The five priorities for care of the dying person – Involving the dying person with choices and decisions

Wednesday 8

Help others to consider, plan and communicate about what matters most to them and those who love them as they approach their end of life.



1hr

Advance care planning with people with learning disabilities

Thursday 9

Understand ACP and resources for people with a learning disability. Recognise cues, and facilitate and enable people to have conversations about their plans, hopes and choices for the future.



2.5hr

The five priorities for care of the dying person – Supporting the person and those important to them

Thursday 16

Learn how to support families and children of the dying person. Explore what measures we can take to improve their understanding, involvement and bereavement experiences.



1hr

The five priorities for care of the dying person – Planning and delivering care

Thursday 23

Learn how to confidently describe the elements of an end-of-life care plan, including symptom management and psychological, social and spiritual support as we care for a dying person.



1hr

December

T34 ambulatory syringe pump training

Thursday 7

This course helps registered nurses working in nursing homes to confidently set up and manage pumps, and understand commonly used medication that assists symptom management in palliative care.



3hr

January

End-of-life care planning – Helping people plan future wishes and choices (ACP Part 1)

Tuesday 9

Gain an overview of advance care planning (ACP) and how we can establish choices, wishes and plans about what matters most for patients and families. This session links to another on legal aspects.



1.5hr

Managing swallowing difficulties in palliative care

Tuesday 16

Improve understanding in assessment and management of illnesses affecting the swallow function. Explore special impact at end of life affecting communication and decision-making to confidently provide care.



1hr

Artificial nutrition and hydration at end of life – An exploration of the ethicolegal issues

Thursday 18

Explore the evidence and ethicolegal issues that can arise and the role of good communication in decision-making and practice.



1.5hr

MND special interest group meeting

Wednesday 24

A topical update for health and social care professionals who work with people living with MND across Torbay & South Devon. With up-to-date research in MND from the expert research team at MND Association.



1.5hr

End-of-life care planning – Helping people understand legal aspects (ACP Part 2)

Thursday 25

Understand decisions that are supported by legal and ethical frameworks in end-of-life care and have clarity about responsibility for treatment and other choices. This session links to ACP Part 1.



1.5hr

February

Fundamentals of end-of-life care – Day one of two

Tuesday 6

Practise and enhance your communications skills, and learn how to manage the comfort and practical care of someone approaching end of life.



6hr

Pain assessment in palliative and end-of-life care

Wednesday 7

Understand best practice in assessing the patient's experience of pain in palliative care and learn about the different tools available. This session links to another on pain management.



1.5hr

Pain management in palliative and end-of-life care

Wednesday 21

Recognise and apply pain management principles and understand the role and rationale of non-pharmacological and medication approaches. This session links to another on pain assessment.



1.5hr

Managing nausea, vomiting and bowel obstruction in palliative care

Thursday 22

Understand common complications, their assessment and how to have discussions with patients and families about management.



1.5hr

Supporting someone living with frailty towards end of life

Tuesday 27

Learn how to identify and assess frailty and frailty syndromes. Consider appropriate prescribing and deprescribing for people at end of life.



2.5hr

Fundamentals of end-of-life care – Day two of two

Wednesday 28

A day focusing on supporting someone experiencing emotional and spiritual distress and managing someone in the last few days/ hours of life and care after death.



6hr

March

Promoting skin integrity in end-of-life care

Tuesday 5

Explore best practice and adaptations beneficial to patients at end of life.



1.5hr

Palliative care emergencies

Tuesday 12

Understand assessment and management of common emergencies such as hypercalcaemia, spinal cord compression and haemorrhage.



1hr

T34 ambulatory syringe pump training

Wednesday 13

This course helps registered nurses working in nursing homes to confidently set up and manage pumps, and to understand commonly used medication that assists symptom management in palliative care.



3hr

Pharmacological management of breathlessness and supplementary oxygen use at end of life

Thursday 14

Understand the role of supplementary oxygen that may benefit patients who are experiencing breathlessness in palliative care (not acutely unwell patients). Review the causes and apply best practice to appropriate oxygen therapy.



1.5hr

Facing death creatively

Thursday 28

An experiential session exploring the role creativity can play at end of life.



2.5hr

For further information and to book your place, please visit rowcrofthospice.org.uk/education or scan:

