

### Advance care planning- my thoughts and wishes

Using “go wish” cards. Statements originally designed, produced and sold by Coda Alliance in USA <https://codaalliance.org/go-wish/>

Also available in UK as “The conversation game” £24 for two packs from <http://conversationsforlife.co.uk/conversation-game/>

	Very important	Somewhat important	Not so important
To be kept clean			
Not being a burden to my family			
To have my family with me			
To keep my sense of humour			
Not being short of breath			
To have a nurse I feel comfortable with			
To maintain my dignity			
To remember personal accomplishments			
To trust my doctor			
To have human touch			
To have an advocate that knows my priorities			
To be free from pain			
To meet with clergy/chaplain/faith leader			
To be treated the way I want			
To have my family prepared for my death			
To have someone to listen to me			
To be able to help others			
To say goodbye to the important people in my life			
To have close friends near			
To prevent arguments by making sure that my family know what I want			

To be free from anxiety			
To be able to talk about what scares me			
To pray			
Not being connected to machines			
Take care of unfinished business with family and friends			
To have a doctor that knows me as a whole person			
Not dying alone			
To have my funeral arrangements made			
To be able to talk about what death means			
To know how my body will change			
To be at peace with God			
<b>Wild card- put you own wishes in below!</b>			

For many more ideas about using Go Wish in your practice or use them online try visiting:  
<https://codaalliance.org/go-wish-game/>