A time for remembering and reflecting



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Welcome to Rowcroft's Meadow of Memories 2025

Introduction by Katie Evans, Rowcroft's Spiritual Care Specialist



Talking To Grief

By Denise Levertov

Ah, Grief, I should not treat you like a homeless dog who comes to the back door for a crust, for a meatless bone.
I should trust you.

I should coax you into the house and give you your own corner, a worn mat to lie on, your own water dish.

You think I don't know you've been living under my porch.
You long for your real place to be readied before winter comes. You need your name, your collar and tag. You need the right to warn off intruders, to consider my house your own and me your person and yourself my own dog.

Read by Kieron George, Healthcare Assistant

Music from Anastasia Somerville, Bereavement and Support Co-ordinator and David Holmes, Music Therapist

Green Fields by Kate Rusby

We Remember Them

Adapted from poem by Sylvan Kamens and Rabbi Jack Riemer

At the blowing of the wind and in the chill of winter At the opening of the buds and in the rebirth of spring **We remember them.**

At the blueness of the skies and in the warmth of summer At the rustling of the leaves and in the beauty of autumn **We remember them.**

At the rising of the sun and at its going down At the beginning of the year and when it ends **We remember them.**

When we are weary and in need of strength When we have decisions that are difficult to make **We remember them.**

When we have joy we crave to share
When we have achievements that are based on theirs
We remember them.

As long as we live, they too will live; for they are now a part of us as **We remember them.**

Read by Victoria Bartlett, Director of Patient Care

A Moment for Reflection

Music David Holmes, Music Therapist

I Heard Your Voice in the Wind Today Author unknown

I heard your voice in the wind today and I turned to see your face.

The warmth of the wind caressed me as I stood silently in place.

I felt your touch in the sun today as its warmth filled the sky.
I closed my eyes for your embrace and my spirit soared high.

I saw your eyes in the windowpane as I watched the falling rain.
It seemed as each raindrop fell it quietly said your name.

I held you close in my heart today it made me feel complete.
You may have died.... but you are not gone you will always be a part of me.

As long as the sun shines...
the wind blows...
the rain falls...
You will live on inside of me forever
for that is all my heart knows.

Read by Mamie Holman, Registered Nurse

Music from Rowcroft Choir Fields of Gold by Sting

Beannacht (blessing) By John O'Donohue

On the day when the weight deadens on your shoulders and you stumble, may the clay dance to balance you.

And when your eyes freeze behind the grey window and the ghost of loss gets into you, may a flock of colours, indigo, red, green and azure blue, come to awaken in you a meadow of delight.

When the canvas frays
in the currach of thought
and a stain of ocean
blackens beneath you,
may there come across the waters
a path of yellow moonlight
to bring you safely home.

May the nourishment of the earth be yours, may the clarity of light be yours, may the fluency of the ocean be yours, may the protection of the ancestors be yours.

And so may a slow wind work these words of love around you, an invisible cloak to mind your life.

From: Benedictus (2007). Bantam Press

Read by Patricia Goss, Chair of the Friends of Rowcroft

Closing words

Delivered by Katie Evans, Spiritual Care Specialist

We hope you have enjoyed this service of remembrance, celebration and thanksgiving; remembering our loved ones; reflecting and giving thanks for their lives and our memories.

Please join us for refreshments after the service.

Thank you!

Rowcroft's care is provided free of charge and 75% of our work is funded directly by the kindness and compassion of amazing people.

Here are some other ways in which you can support Rowcroft in memory of a loved one:



Regular Giving

The reliable income from a monthly donation – no matter how large or small – enables Rowcroft to plan our care for the long term, and helps secure the future of the hospice.



Gifts in your Will

Leaving a gift to Rowcroft in your Will, no matter the size, is a powerful way to support local families for years to come.

We've partnered with Accord Legal Services to offer you a free, simple Will-writing service. Once your loved ones have been provided for, it would be wonderful if you are able to leave a donation to Rowcroft Hospice.

Events and Challenges

This is a great opportunity to have some fun and support the work that takes place at the hospice. Information about specific events and challenges can be found on our website.



Volunteering – The gift of time

By volunteering at Rowcroft Hospice you'll be joining a team of over 400 dedicated people who give their time freely to help our charity.



No matter what ability, experience, interests or reason for volunteering, we're sure to have an opportunity to suit your individual needs.

It's a great way to meet new friends and learn different skills. If you have some spare time, join the team!

If you would like to know more about the different ways you can support Rowcroft, please call 01803 217450 or visit www.rowcrofthospice.org.uk

With special thanks to:

Amanda for sharing her story

Ocean Healthcare

www.oceanhealthcare.co.uk

Lee Thomas

for the kind loan of his PA equipment

Caterfood

For supplying biscuits following the service

The Rowcroft Estates Team

Bereavement Support Team

The Rowcroft Choir

David Watkins

Our wonderful volunteers

And most importantly – you, one of our many valued supporters, thank you

Individual Giving and Legacies Team

Rebecca Cogger, Jenny Lightfoot and Kathryn Copping

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Rowcroft Bereavement and Support Team

To access bereavement support please call 01803 217403. Leave a message and someone will get back to you as soon as possible



Rowcroft's Memory Tree

