

# Light up a Life

*this Christmas*

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*A service to  
celebrate life*

**rowcroft**  
hospice



Registered Charity No: 282723

## Welcome to Light up a Life 2021

*Music used throughout production:  
After All by Campagna  
The Beauty of December by Borrtext*

### Opening and Introduction

*Katie Evans, Rowcroft Hospice Spiritual Care Specialist*

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### Musical Performance

*The Torquay Girls Grammar School Choir and pianist  
Led by Head of Music Naomi Hagland  
Singing Et In Terra Pax (And On Earth, Peace)  
Music by John Purifoy*

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### Lighting of the candles

#### We Remember

##### We light our first candle for hope

We remember all that we had looked forward to and hoped for, and the time when that hope died. We remember the people who have made us hopeful in the past, and those whom we still hope for now. We light this candle for ourselves and for one another, in the hope that we can find some new light in the darkness.

##### We light our second candle for peace

We remember when we felt most at peace in our lives, and the times when peace seemed to have left us. We remember those we know are at peace now, and the pain we feel without them. We light this candle for ourselves and for one another, that we might know the peace which passes all understanding, sustaining us this day.

##### We light our third candle for joy

We remember times of laughter and celebration, and those who were its reason. We remember the sadness we hold when others seem so happy around us, and the emotions we conceal. We light this candle for ourselves and for one another that we might find joy in the small things again, knowing that we are given strength to face a new day.

##### We light our fourth candle for love

We light this candle that your light always shines. As we enter this holiday season and share this night of remembrance with family and friends. We cherish the special place in our hearts that will always be reserved for you. We give thanks for the gift your living brought to each of us.

We love you.

We remember you.

*Adapted from the candle liturgy in 'Celebrating life  
in Death' by Lezley J Stewart*

*Read by Katie Evans, Rowcroft Hospice Spiritual Care Specialist*

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### Lighting of the Tree

*Katie Evans, Rowcroft Hospice Spiritual Care Specialist*



## **A Moment of Reflection**

*Background reflective music and  
a period of reflection/quiet time to remember*

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### **Prayer of Remembrance**

#### **We Remember Them**

**In the opening of buds and in the rebirth of spring,  
we remember them.**

As the days grow longer and the outside becomes warmer,  
we are more awake, and we remember them.

**In the blueness of the sky and in the warmth of summer,  
we remember them.**

When we look above and see the images of the clouds and  
when we are comforted by the sun that shines down on us,  
we remember them.

**In the rustling of the leaves and in the beauty of autumn,  
we remember them.**

From the time in which we feel the cool, crisp breeze and see  
the colours of the leaves, we remember them.

**In the blowing of the wind and in the chill of winter,  
we remember them.**

On the cold days of winter and the moments we breathe  
the cold air, we warm ourselves with their embrace,  
and we remember them.

**When we are weary and in need of strength, we remember  
them.** As we are faced with challenges that enter our lives, we  
remember all that they taught us, and remember them.

**When we are lost and sick at heart, we remember them.**  
When we are in need of guidance and feel uncomfortable, we  
ask for help and we remember them.

**When we have joys, we yearn to share, we remember them.**  
From those times of celebration, love and happiness,  
we remember them.

**In the rising of the sun, and at its setting, we remember them.**  
From the moment we wake till we fall asleep, all that we do is  
to remember them.

**So long as they live, we, too, shall live, for they are now a  
part of us, as we remember them.**  
In every day, and in every way, we know that they are with us  
and we remember them.

*Compilation of different readers:  
Maddie King – IPU Admin Support  
Claire Redhead – Hospice at Home Sister  
Ceni Wyatt – Hospice at Home Senior Health Care Assistant  
Jackie Cunningham – IPU Ward Manager  
Emily Madsen – Social Work Team Leader  
Suzy Smith – IPU Staff Nurse  
Dr Paul Clark – IPU Specialty Doctor  
Sally Scott Bryant – Chair of Trustees and Volunteer  
Complementary Therapist  
Kieron George – IPU Health Care Assistant*

## **A Moment of Reflection**

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### **How the Light Comes**

I cannot tell you how the light comes.  
What I know is that it is more ancient than imagining.  
That it travels across an astounding expanse to reach us.

That it loves searching out what is hidden, what is lost, what is forgotten, or in peril, or in pain.

That it has a fondness for the body, for finding its way toward flesh, for tracing the edges of form, for shining forth through the eye, the hand, the heart.

I cannot tell you how the light comes, but that it does.  
That it will. That it works its way into the deepest dark that enfolds you, though it may seem long ages in coming or arrive in a shape you did not foresee.

And so may we this day turn ourselves toward it.  
May we lift our faces to let it find us.  
May we bend our bodies to follow the arc it makes.  
May we open and open more, and open still,  
to the blessed light that comes.

*How the Light Comes, by Jan Richardson*  
From: Jan Richardson, 2015. *Circles of Grace: A Book of Blessings for the Seasons.* Wonton Gospeller Press.

*Read by the Rowcroft Bereavement Support and LASS team*  
*Jenny Hall – Bereavement Support Co-ordinator*

*Maura O'Donoghue*

*Katie Herrity*

*Jo Pring*

*Angela Kemp*

*Ann Hodson*

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## **A Moment of Reflection**

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### **Musical Performance**

*The Rowcroft Choir – Led by Laura Marshall*  
*Singing 'May you see Diamonds' – Music by Ali Burns*

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### **Closing**

*Katie Evans, Rowcroft Hospice Spiritual Care Specialist*

## Credits

With special thanks to  
(in order of appearance)

Katie Evans  
Spiritual Care Specialist

The Torquay Girls Grammar School Choir  
Pianist Izzy Biddles and Head of Music Naomi Hagland

The Candle Lighters  
Paul Feasby  
Jess Mackay  
Di Feasby  
Florence Cogger

Rowcroft Employees and Volunteers  
Maddie King  
Claire Redhead  
Ceni Wyatt  
Jackie Cunningham  
Emily Madsen  
Suzy Smith  
Dr Paul Clark  
Sally Scott Bryant  
Kieron George

Rowcroft Bereavement Support  
Jenny Hall  
Maura O'Donoghue  
Katie Herrity  
Jo Pring  
Angela Kemp  
Ann Hodson

The Rowcroft Choir  
led by Laura Marshall

Henry Hobbs

The Rowcroft Estates Team

Havills Electrical Services

Rebecca Cogger  
In Memory Giving and Legacies Manager

Kindly supported by Wollens

## For donations and enquiries, contact:

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In Memory Giving and Legacies Administrator  
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We hope you have enjoyed this virtual service of remembrance, celebration and thanksgiving; remembering loved ones; reflecting and giving thanks for their lives and our memories.

To all of Rowcroft Hospice's supporters and volunteers –  
Thank you

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