

## Palliative and end-of-life care



### An introduction to the Five Priorities for Care

The Five Priorities for Care were developed following a review of end-of-life care. They have become a national foundation for the UK in planning, delivering and assessing palliative and end-of-life care. Learn a technique to help you remember and recall each priority.



1hr

### Managing swallowing difficulties in palliative care

Improve knowledge and understanding in assessment and management of illnesses affecting the swallow function at end of life. Explore how this affects communication, decision-making and how you can confidently provide care and support.



1hr

### Recognising dying

Recognising dying is a key enabler for a better death. This workshop enables participants to explore current knowledge and understanding about recognising dying and helps promote confidence in communicating this in the context of uncertainty.



3hr



### An introduction to supporting someone facing loss and bereavement

This introduction workshop is open to all who work in roles supporting people experiencing loss, looking to further understand and explore ways of helping. It is not intended for anyone currently or recently experiencing loss or bereavement.



1.5hr

### An introduction to spiritual care

We can all offer spiritual care. Attend this introductory course to gain skills and confidence in this integral and rewarding part of palliative and end-of-life care.



1.5hr

### Promoting skin integrity in end-of-life care

Explore best practice and adaptations beneficial to patients at end of life.



1.5hr

### Pain assessment and pain management

These two workshops will help you to improve a patient's pain at end of life.



1.5hr



### BodyGuard Syringe Pump Training

This learning event supports registered nurses and senior healthcare assistants who double-check pumps to confidently set up and manage pumps and understand commonly used medication that assists symptom management in palliative care.



3hr

### Supporting someone living with frailty at end of life

Learn how to identify and assess frailty and frailty syndromes. Consider appropriate prescribing and de-prescribing for people at end of life.



2.5hr

## Dementia and Palliative Care Conference 2025

Tuesday 25 March 2025  
Buckfast Abbey Conference Centre

This highly anticipated event will build upon the success of 2024's conference which was praised for its in-depth exploration of dementia care and the vital role of palliative care in enhancing the quality of life for those living with dementia. The 2025 conference promises to deliver even more valuable insights, drawing on the latest advancements in the field.



## Advance care planning



### An introduction to Advance Care Planning (ACP)

You do not need to be dying to think about what matters most in your life. In palliative and end-of-life care there are many choices and decisions that influence care. Planning in advance helps personalise that care and ensure care teams understand how to support. This workshop introduces ACP as conversations over time to help people, patients and families plan.



1.5hr

### Digital planning – helping others to plan/prepare

Understand what happens to your digital assets e.g. Facebook/Instagram accounts pre and post death. Help patients understand their choices and decisions around all password-protected digital accounts.



1.5hr



### Advance Care Planning with people with learning disabilities

Understand ACP and resources for people with a learning disability. Recognise cues and facilitate and enable people to have conversations about their plans, hopes and choices for the future.



2.5hr

### An introduction to Treatment Escalation Plans (TEPs)

This introductory session aims to give an update on TEP Version 12. It will help you to understand your responsibilities around managing the care of a patient at end of life who has a TEP form in place, highlight when it would be appropriate to request a TEP and the importance of the supporting conversations.



1hr

### Advance Care Planning using a brief intervention – for people who have a good understanding of Advance Care Planning

Prior knowledge and training about ACP is essential. This session focuses on having ACP conversations using the Rowcroft ACP Brief Intervention Tool®.



6hr

## Communication skills



### An introduction to communicating sensitively

This can be a challenging and significant aspect of care at end of life, this workshop will focus on some fundamental skills to help someone feel heard, understood and sensitively responded to.



1.5hr

### Emotive conversations

A one-day intermediate level practice-based day for healthcare professionals wishing to enhance their existing skills in emotive type conversations with those receiving palliative and end-of-life care.



7hr

### Advanced Communication Skills Programme

Advanced level course for experienced senior clinicians wishing to explore further communication challenges of supporting people with advanced illness and approaching death.



16hr



### Communicating end-of-life conversations by telephone

Helping to prepare you for having telephone conversations, including imparting unwelcome news.



1.5hr



NEW learning events are added frequently to our website.

For details and to book your place, please scan or visit:  
[rowcrofthospice.org.uk/education](http://rowcrofthospice.org.uk/education)